

Important Parent Information for Camp Berea Summer Camp

1. **Health Forms:** NH health laws require documentation of immunization. Please complete the **health form** carefully and mail to Berea at least **14 days prior to arrival**. Make a photocopy of your health form before mailing it, and bring this with you the day you arrive at camp. If your child is taking any **medication** at the time camp begins, please have it ready to turn in at the health check-in with clearly written instructions for the nurse. Please read the Health Form Packet (available at www.berea.org/forms/) which includes the health form.

2. **Contacting your Camper:**

- a. **Mail a letter/sending a package** the day before your child goes to camp so he/she will receive it on his/her second or third day here (Include Camper's First and Last Name and Camp Session). Then write regularly, sending notes that are full of "happy news." Please include cabin name and number (available at Check-In) when sending mail and address your mail to: 68 Berea Road, Hebron, NH 03241-7401
- b. **Prepare packages and letters** for your camper before you bring him/her to camp and drop them off at the office on check-in day. Write the day that you would like it delivered to him/her on the package along with the cabin name and number. Please note that it is suggested that any food items that you send or bring in a care package be in a sealed container.
- c. **You can email** your child at www.berea.org/contact/guest/ . Email will be delivered to your camper M – F at lunch. Emails received after 9am will be delivered the next day. E-mail and snail mail are the only ways to contact your camper. **Campers may not use the office phones, cell phones, email, or internet at any time.** It may be helpful to address and stamp envelopes for your camper so it would be quick and easy for them to send you news from camp.

If there is a family emergency, please call the office and we will put you in touch with the Program Director ASAP. You and he can decide the best way to handle the situation. If there is an emergency at camp involving your child we will call you immediately.

3. **Activities Offered:** Your Camper will be offered many activities during their stay.
- a. **Waterfront:** Tubing, water skiing, wakeboarding, kayaking, canoeing, sailing, blobbing, water trampoline, water slide, bike jump (available only for Senior High Week), sand castle contests, and other water games. See below for Swim Band Levels.
 - i. **White Band** – available to those who complete our White Band test (swimming with out assistance in a shallow area.) Able to swim in the shallow end and use the metal slide.
 - ii. **Blue Band** – available to those who complete a Blue Band test (swimming the perimeter of our deep end). Able to swim White Band area and in our deep end, use of the wooden rafts and the Orbit, our water trampoline. Those with a Blue Band are also able to go tubing, wakeboarding or water skiing.
 - iii. **Blob Band** – available to those who take a Blue Band test and Blob Test (must be retaken every year). Able to go off the blob and be blobbed.
 - iv. **Red Band** – available to those who complete a ¼ mile swim and kayak/canoe test. Able to swim Blue Band area and Kayak and Canoe

- v. Zebra Band – available to those who have a Red Band and have taken Camp Berea’s sailing class and exam (not offered every year). Able to sail on Camp Berea’s Sunfish.
 - vi. Black Band – available to those who qualify for the Black Band swim and who successfully complete the nearly 2 mile swim across the lake. No additional privileges are given – but it is the ultimate in waterfront achievement at Camp Berea!
- b. Marksmanship:
- i. Riflery – Able to achieve NRA certificate with 10 qualifying targets. Patches, pins and bars available for purchase in the Welcome Center with signed certificate.
 - ii. Archery – Able to achieve JOAD certificate with qualifying mark. Pins available for purchase in the Welcome Center with signed certificate.
 - iii. Paintball - Available for an additional cost (See Paintball Packet for more info available at www.berea.org/forms/)
- c. Low and High Ropes:
- i. Climbing Walls -Camp Berea offers two climbing walls. Our indoor rock wall is available in the gym for new climbers – moderate climbers. Our outdoor rock wall is a 30ft free-standing three-sided wall available for all climbing levels. Sneakers are needed for this activity.
 - ii. Low Ropes Challenge Course – Available for groups for team work and trust building exercises. Many elements require patience, team work, problem solving and good listening to succeed.
- d. Field and Gym Activities:
- i. Ga-Ga
 - ii. Carpetball
 - iii. Basketball
 - iv. Soccer
 - v. Baseball/Softball
 - vi. Volleyball
 - vii. Tetherball
 - viii. Many other organized games
- e. Skate Park: Practice those tricks in our half pipe, ramps, rails and other fun park elements. Only open during free time with a supervising staff member present. Helmet and pads MUST be worn in the skate park.
- f. Hiking Trail: Take a stroll through our woods. The ½ hour hike crosses a stream, has a view of Newfound Lake and is a quick and easy walk with one of our guides.
- g. Craft Shop: Everyone gets a chance to make a craft in our morning Quest time. Past craft activities include necklaces, mosaics, rockets, leather bracelets, bandana pillows and more! Open at free time also to finish up Quest projects or to purchase supplies for an additional craft.
- h. Tennis: We have two enclosed outdoor tennis courts and supply rackets and balls. Available to play during free time.
- i. Lodge Activities:

- i. Foosball
 - ii. Board Games
 - iii. Ping Pong
 - iv. Carpetball
4. **Packing Tips:** For a Complete list of what to bring, our clothing guidelines, and lost and found policy, please see our Packing Checklist available at www.berea.org/forms/
5. **Directions to Camp:** Please use our directions available on our website (www.berea.org/directions/) to find us. Internet mapping services can not locate us. However, GPS coordinates are available in our directions. Call the Berea office if you need help: 603-744-6344.
6. **Prayer:** Pray with your camper before camp starts. Pray about any fears or concerns about attending camp as well as for friends they might be inviting, the camp staff and for how God will work in their life at Camp. Pray also for your camper while he/she is away at camp. Pray for safety, and health so he or she will not miss out on anything; for their friends to be a positive impact, and for their counselor/camp staff. We appreciate the prayer – and notice when we are prayed for!

Arrival Information

Check-In is from 2pm-5pm on Sunday. As you drive into camp, you will be greeted by staff that will instruct you on what to do. Check in starts at the nurses' station. Any money you wish to put in the Camp Bank can be deposited in the Welcome Center Office. Your child will find out cabin assignments upon Check-In. Cabin assignments will also be posted throughout camp by 2pm.

Check-In includes: Medical Screening, Health Form verification, Medication Drop-Off, Waterfront orientation and cabin assignments will be at Nurse Check-In. Camp Bank Deposits, payment verification, Package Drop-off, and Paintball Waiver drop off will be in the Welcome Center Office. Meet and greet with counselor as you settle your camper into his/her cabin. Swim Band testing at the waterfront will be available until 5:00 Sunday. Parent should depart by 5:00pm. See Area Restaurants Guide (available at www.berea.org/forms) if you need to stop for a bite to eat before hitting the road again!

Camper Spending Money: All programmed activities do not have any additional cost. However, some free-time activities have an additional cost. Paintball is \$25 for the field fee and extra paint is \$5 extra per 100 paintballs. This activity is available up to 3 times per session (must have at least 10 people to run a game) and runs from 2pm until 5pm. A Paintball Release form is necessary to play. Please read our paintball info packet for additional information (available at www.berea.org/forms/). Tubing/Water Skiing/Wakeboarding are \$5 each for 5 minutes and campers can sign up for multiple days. The Bookstore also is open during free time for campers to purchase camp t-shirts, sweatshirts, bibles, books, toys, and other Berea merchandise. The Craft Shop also offers your camper additional craft supplies to purchase if they would like to make something to take home with them. Our Snack Shop is also open for free time to purchase frappes, grill items, soda, and candy. We also have soda and snack machines available. Camp Berea can accept cash and checks made payable to Camp Berea for camper spending money.

Departure Information

Departure times are **Saturdays starting at 9:30am.** A slideshow of the week will be viewed in the gym starting at 9:30am. A sign up to purchase the picture CD is available in the Welcome Center. Following the pictures slideshow is our closing rally beginning at 10:00am.

Join us for light refreshments following the rally. Camper and Parent should depart by 11am Saturday. If your family is planning on staying overnight in the area Saturday night, please download our Area Lodging List (available at www.berea.org/forms/) for suggestions on a place to stay!

Be sure to complete the following before you leave with your child:

- Check the lost and found items for missing belongings
- If your child brought medication, it should be packed in with their luggage (check with your camper to be sure)
- Your camper's left over bank money, emails and a camper address list will be available with their counselor. Make time to meet with their counselor for these last minute items and goodbyes!
- Make sure you have all the luggage and laundry they came with



Sample Weekly Camp Schedule

	Saturday	Sunday	Mon-Wed	Thurs-Fri
7	7:30 Counselors Meeting (Lodge)		7:30 Counselors Meeting (Lodge)	7:30 Counselors Meeting (Lodge)
8	8:00 BREAKFAST (In Cabins) 8:30 Clean out cabins!		8:20 Line Up 8:30 BREAKFAST	8:20 Line Up 8:30 BREAKFAST
9	9:30 Pic Slideshow in Gym		9:00-9:30 Morning Devos 9:30-9:50 Cabin Clean-up	9:00-9:30 Morning Devos 9:30-9:50 Cabin Clean-up
10	10:00 Rally		10:00 - 10:50 QUEST #1	10:00 - 10:50 QUEST #1
11	11:00 Camper/Parent Departure		11:00 - 11:50 QUEST #2	11:00 - 11:50 QUEST #2
12			12:00 Line up 12:10 LUNCH	12:00 Line up 12:10 LUNCH
1			12:45 Chill Time (Rest in Cabins until Bugle)	12:45 Chill Time (Rest in Cabins until Bugle)
2		1:30 Counselors in Cabins 2:00 Registration	2:00 - 5:00 Free Time "Hang, Jam & Achivement Time"	2:00 - 5:00 Free Time "Hang, Jam & Achivement Time"
3		3:00 - Waterfront & Field Games	2:45 - 4:00 Snack Shop	2:45 - 4:00 Snack Shop
4		4:00 - Waterfront & Field Games		
5		4:30 - Counselor Meeting (Chapel)	5:05 Line up 5:15 DINNER	5:05 Line up 5:15 DINNER
6		5:35 Line up 5:45 DINNER	5:45-6:30 Cabin Challenges	5:45-6:30 Cabin Challenges
7		6:45 WOW Event!	6:50 Line Up 7:00 - 8:30 CHAPEL	6:45-7:30 INSANITY(all camp game)
8		8:05 Line Up 8:15 - 9:30 CHAPEL	8:45-9:30 DARK INSANITY(all camp game)	7:50 Line up at Gym 8:00 - 9:30 Thurs - Chapel(Gym) Fri - Chapel (Camp Fire)
9		9:30 Cabin Devos	9:30 Cabin Devos	9:30 Cabin Devos
10		10:30 Lights Out	10:30 Lights Out	10:30 Lights Out